

Training for trainers of experiential learning

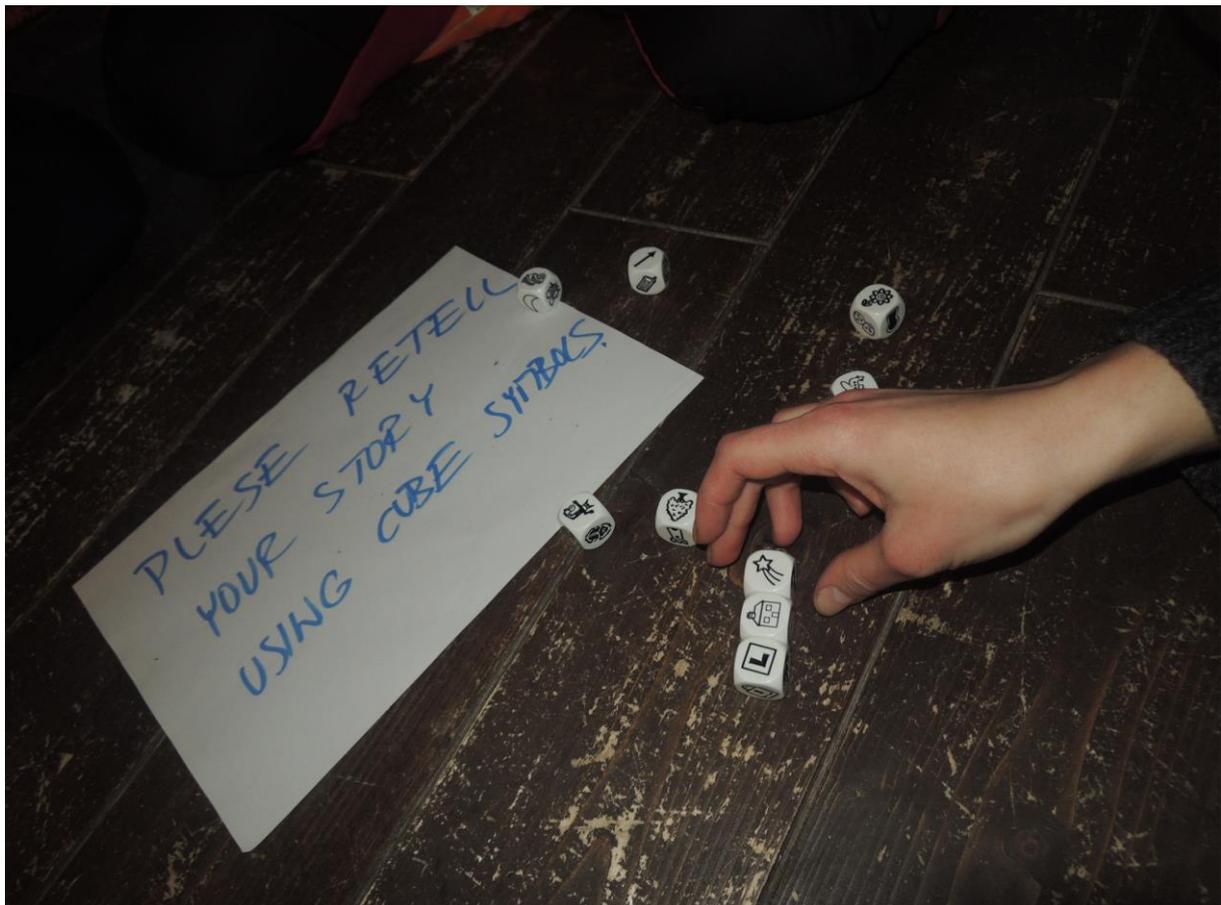
Dear Friends,

in this information letter, you will find all the information about international training for trainers, which will take place in **Klokočov, Slovakia from 21st February till 28th February 2015**. The information letter contains information about goals of the seminar, practical organization, contacts and other issues. You can always contact us for more information at vladimir.randa@gmail.com or **+421 949 754 146**.

We are looking forward to meeting you in Slovakia.

Best regards,

Organizing team



What?

Training for trainers of experiential learning is a 6-day long international training involving 21 participants from 7 countries: **Slovakia, Romania, Czech Republic, Germany, Latvia, Lithuania** and **Netherlands**. The training is a follow-up of several successful trainings organized together with our partners in last years.

In this training we will focus on three crucial aspects of experiential education: **trainer, group** and **programme**.

1. Trainer

Personality of the trainer is one of the key elements of successful training. Trainer is opening the door.

Everything matters: look, hair, clothes, energy, experience, preparation, plan, sensitivity, openness, empathy..

Areas in which we are going to explore the element of Trainer are:

- **roles** | what roles can trainer adopt, what does role mean etc.
- **competences** | presentation skills, planning, management etc.
- **trainers style** | different styles, acknowledging one's own style, ability to switch among styles etc.

2. Group

When two people meet, they form a group. More people make it more complex. Process of group formation – **group dynamics** - is unique and is never copied again. Still, it has some common features we can consider when creating learning programmes.

We will focus on actual group processes and their impact on program. How you, as a trainer, can cope with specific group behaviours. How to support the group processes in order to maximize the effect of learning.

We will go through the different stages of group development and learn more about specific types of activities, suitable for specific stages. We will explore the concepts of “killers of the group process” and you will have instant opportunity to put new understanding into practice.



3. Programme

In the programme part we will focus on principles and basic rules we use, when creating experiential education programme – the programme dramaturgy. It is the way we put the programme parts together in order to achieve chosen learning goals.

We will analyze a play as a crucial part of a programme. A play can be a game, an activity, a review part, anything we do with a group. It has various aspects that we should pay attention to – theme, goal, principle, rules, form with motivation, surrounding, atmosphere etc.

Afterwards we will go through the common stages of a program preparation. Specifically:

- needs analysis as a basis for any kind of programme,
- theme and goals as a frame for the programme scenario,
- experiences as a tool to achieve set goals,
- reviews as a tool to reflect on experience and use its outcomes in the daily lives.

Goal of the training

Goal of our training is to raise competencies of the participants and capacity of the partner organizations to create and lead experiential learning programmes. For achieving this goal we created programme outlines presented below.

1st day	2nd day	3rd day	4th day	5th day	6th day
Introduction, timeline of the training	Activity	Activity	Participant input I.	Participant input II.	Participant input III.
	Group dynamics	Dramaturgy of experiential learning programme			
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Activity	Activity	Activity	Participant input I.	Participant input II.	Participant input III.
Personality of the trainer	Application of group dynamics	Application of dramaturgy + feedback			
<i>Roles</i> <i>Competencies</i> Trainer's style	Trust supporting activity	Supervision II. – problem mapping	Feedback	Feedback	Feedback
		Theoretical part			
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Reflection of learning process	Reflection of learning process	Reflection of learning process	Feedback: Trainer, program, group	Feedback: Trainer, program, group	Feedback: Trainer, program, group
Openess Process	Supervision I. – Balint group	Group task	Reflection of learning process	Reflection of learning process	CLOSING

Participants

This training is open for anyone, **there is no age limit**, from Slovakia, Romania, Germany, Lithuania, Latvia, Netherlands and Czech Republic (citizens and/or having a residence permit).

Our main target group are youth workers, thus, people:

- who regularly work with youth,
- who are working with experiential learning method and want to adopt new competencies,
- who want to start creating experiential learning programs,
- who are able to follow the training and work in simple English.

There are no further selection criteria for this training. Everyone who finds himself or herself in accordance with these criteria is eligible to join the training. However, there is limited amount of places per country, once the places are filled, we cannot accept more participants.

Team

The team running the training will consist of 3 experienced trainers and two support persons. Katka Hommel, freelance trainer, will provide theoretical parts connected with trainers, reviews and supervisions. Roman Bohovic, experienced trainer of Outward Bound - Česká cesta and PŠL will bring focus on dramaturgy and program and Vladimír Randa, trainer of experiential education and director of NGO Preles will contribute with group dynamics and activities.

Financial arrangements

This training is financially supported by Erasmus+ program of European Commission. Thanks to this financial support, we are able to cover most of the costs of the training, regarding your accommodation, food, materials for activities and the trainers.

Participation fee

Still, for the organization to be able to manage the project and maintain its activities, we ask for participation fee of **50€**. This is to be paid in cash upon arrival.

Travel Reimbursement

The Erasmus+ program will contribute to your travel according to the table below. Reimbursement is based on real costs of your travel. For this purpose, you have to keep certain conditions:

- First of all, we ask you to keep all your **original** tickets, boarding passes and receipts. **ONLY** if you have the travel tickets, boarding passes and receipts we are able to reimburse your travel costs.
- We will only reimburse your travel costs if you participate in the whole training.
- If you plan to travel by car, please contact Vlado (vladimir.randa@gmail.com) for further details.

We will reimburse you in cash for all the tickets you will bring to the training. After leaving Slovakia you will send us remaining tickets (the ones you will use for travelling home) and these we will reimburse by sending money to the bank account of a group leader or of your organization. The reimbursement will be sent within the period of 2 months after the training is finished.



Country	Erasmus+ contribution
Slovakia	0 €
Latvia	275 €
Germany	275 €
Romania	275 €
Netherlands	275 €
Lithuania	275 €
Czech republic	180 €

Practical information

Location

Training will take place in **Klokočov, Slovakia**.

Venue: **Sudopark**, Klokočov
(www.sudopark.sk/en)

Accommodation is located in the north of Slovakia, in the surrounding of the village Klokočov. It is about 20 minutes walk from the village, where you can find basic services like grocery shop and post office. Village Klokočov is around 220km from Bratislava (capital of Slovakia) to the north.



When

Arrival day	21 st February 2015 after 12:00
Start of the program	22 nd February 2015, 9:15 AM
End of the program	27 nd February 2015, 12:00 PM
Departure day	28 th February 2015 until 12:00

There are **6 working days** in total. Participants are obliged to participate in the whole training.

If you need to arrive in Slovakia earlier than 21st February or leave later than 28th February, you need to arrange an accommodation for yourself. We are not able to reimburse your stay before or after the training. Organizers might be helpful with finding accommodation, advices etc. You can contact Vlado at vladimir.randa@gmail.com or call **+421 949 754 146**.

What to bring

Required

- Good, water-resistant walking shoes
- Warm and water-resistant clothes for winter outdoor & indoor activities
- Spare clothes and shoes
- Cap and 2x gloves
- Headlight with spare batteries
- Gaiters (you can see on the right)
- Passport or other official identification
- All medicines you need (or you use regularly)
- All original invoices, travel tickets, boarding passes
- Travel and health insurance for all days of your staying in Slovakia



Note: Weather in February is very cold in the north of Slovakia. We expect temperatures constantly below 0°C with substantial amount of snow.

Recommended

- Slippers
- Sun glasses
- Walking sticks
- UV lipstick
- Face cover - scarf etc.
- Warm pyjamas
- Towel
- Backpack, not suitcase
- Photo-camera
- Swimsuit (for hot-spot in accommodation)

Contact persons of the partner organizations

Country	Organization	Contact person	Email
Slovakia	Preles	Vladimir Randa	vladimir.randa@gmail.com
Lithuania	Pociūnėlių miestelio bendruomenė	Lina Norekaitė	lina.noreikaite@gmail.com
Latvia	Izdzīvo ideju	Lauma Zubule	lauma.zubule@gmail.com
Romania	Societatea pentru tineret Outward Bound Romania	Ádám Horváth Kovács	office@outwardbound.ro
Czech republic	Instruktoři LC Brno	Roman Bohovic	geo.roman@gmail.com
Netherlands	Jeugd en Maatschappij	Katarina Hommel	katkaketka@gmail.com
Germany	b - free	Marcel Hettwer	b-free@freenet.de

Organizer

Preles is a non-governmental organization based in Žilina, Slovakia, focused on supporting personal growth and development through creating harmony within people, among people and between people and nature. Our vision is to develop active citizenship by acknowledging one's own strengths and power of people. We are dealing with several issues – nature protection, social inclusion, international understanding, and support of potential youth leaders. For the described goals we are using methods of non-formal education in different forms – trainings, seminars, outdoor trainings, high ropes courses, etc.

Address:

Preles, Lichardova 8507/30, 010 01 Žilina, Slovakia

Phone: +421 949 754 146

www.preles.sk



We are looking forward to meeting you in Slovakia!



Co-funded by the
Erasmus+ Programme
of the European Union

